

Medrol Dosepak Instructions

This medication is prescribed to reduce swelling that occurs due to your surgery. It is best to start **on the day of your surgery**. The medication is optional, although you may experience more swelling and bruising if you don't take it.

This medication may cause agitation and sleeplessness. It is a steroid. If you experience these symptoms and you wish to stop the medication, it is safe to stop without tapering off.

If you miss a dose it is OK to catch take both doses (the missed dose and the current one) at the same time.

For longer surgeries, please bring your prescription to your appointment.

Recommended Dosage

Day of surgery

Take 2 tablets at breakfast-time (even if fasting for surgery), 1 tablet at lunchtime and dinnertime, and 2 tablets at bedtime.

Day 2

Take 1 tablet at breakfast-time, 1 tablet at lunchtime and dinnertime, and 2 tablets at bedtime.

Day 3

Take 1 tablet at breakfast-time, 1 tablet at lunchtime and dinnertime, and 1 tablet at bedtime.

Day 4

Take 1 tablet at breakfast-time, 1 tablet at lunchtime, and 1 tablet at bedtime.

Day 5

Take 1 tablet at breakfast-time, and 1 tablet at bedtime.

Day 6

Take 1 tablet at breakfast-time.